

My Self-Empowerment and Personal Responsibility

(Data Protection & Further Information)

I am looking forward to my upcoming energetic session with Julia Liz and will take a moment beforehand to familiarize myself with the following information.

- I am participating in this energetic session of my own free will. I am aware that it is always my own decision how far I engage with the energetic work, which impulses I accept for myself, and which insights I integrate into my life. I am welcome to ask questions at any time, communicate my boundaries, decline individual exercises, or interrupt the session.
- I am aware that Julia Schröder operates as an energetic coach in the holistic sense of energy work. She is not a medical doctor, psychotherapist, or psychologist, and does not perform any diagnoses, therapies, or medical/healing treatments. I understand her energetic work as a complementary guidance that does not replace medical or psychotherapeutic treatment.
- I am aware that every personal development and unfolding process is unique and progresses at its own pace. The energetic work invites me to realign myself and discover my own possibilities. Julia Liz cannot guarantee any specific outcome, as this lies within my own power (personal self-determination). Julia Liz serves as an inspiration and guide. I meet the impulses and experiences of our session with an open mind.
- I confirm that I am in a psychologically stable condition at the time of the session and feel capable of participating in an energetic session responsibly (in particular, no acute psychotic states, hallucinations, or significant impairments of my perception of reality, for example, through the effects of medication or other substances).
- I am aware that Julia Schröder considers collaboration with medical doctors to be very important. Therefore, I do not see the energetic session as a reason to independently interrupt or discontinue an ongoing medical or psychotherapeutic treatment, or to postpone a necessary examination or treatment.
- I am free to evaluate the insights and information gained during our session for myself. What personal decisions I derive from this and how I implement them in my daily life is my own sole responsibility.
- I know that I decide for myself which personal information I wish to share during our session. My details will be treated confidentially and in accordance with applicable data protection regulations. Further information on the processing of my personal data can be found in the privacy policy at www.julializ.de.
- I was informed about the process and the fee of my energetic session prior to my booking. I am aware that the costs of energetic sessions are fundamentally not covered by statutory or private health insurance companies, unless a deviating reimbursement occurs in individual cases.

By completing my booking, I confirm that I have read and acknowledged this information for self-responsible participation.



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